

Scoliosis, a Link to Mercury by Rebecca Dutton

Rebecca (Becky) Dutton is a former dental assistant/practice manager and a mom whose research has uncovered a significant link between mercury and scoliosis. Here is her introduction to a half-hour filmed presentation that she made in 2018.

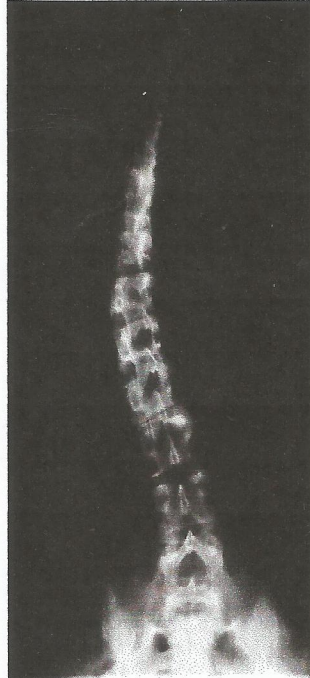
Having run a mercury/metal allergy support group in England since 2007, I see many connections between heavy metals and illness. As a team member of MELISA Diagnostics, www.melisa.org, I have been conducting research into a link between mercury and scoliosis, an abnormal sideways curvature of the spine.

During the 1970's I was employed by a dentist as a practice manager and "dental nurse" for three years. I spent many hours each day mixing amalgam fillings in a rubber finger stall, exposing myself to mercury vapour from the action of rubbing silver alloy and mercury together. I had no personal protection equipment, gloves or hazardous materials mask, and there was no ventilation system to cleanse the mercury from the air I breathed. So, my daughter was exposed to mercury in utero while I worked in the dental clinic, and subsequently she developed a neural tube defect and scoliosis.

At seventeen years of age, she underwent major spinal surgery to correct her curvature, which involved the removal of six intervertebral discs, a rib, and the placement of a titanium rod in her spine. This caused many problems, as the spine is designed to be flexible, not rigid. The psychological impact was also huge, because she lived with restricted movement and physical limitations.

My daughter's experience made me determined to research the possible causes of scoliosis and to investigate alternative treatments to hopefully prevent the need for such surgery.

As a result of my research, in 2008 I was asked to set up the website, www.understandingscoliosis.org with the former Culture Correspondent, Madeleine Holt, of BBC Newsnight. On the site, our aim has been to encourage people to investigate alternatives to surgery for spinal curvature, and to examine the possible causes of scoliosis. Madeleine developed scoliosis as



a teenager, although she never had spinal rods inserted. After removing all heavy metals from her DNA and intracellular pathways, she is now completely pain free.

Scoliosis surgery has never been proven to eliminate spinal curvature, reduce pain, improve lung function or correct the deformity of the ribs and torso. The rate of complications may be higher than reported, as may the long-term risks. Despite these facts, there is little or no interest in the orthopaedic community in finding methods of scoliosis treatment that do not involve scoliosis bracing or surgery.

I believe that there is a link between mercury and scoliosis, with scoliosis often occurring as the 'initial insult,' and I have written a

hypothesis on the connection. This was spurred partly by my observation that a pattern was emerging; many patients who contacted me with mercury sensitivity or toxicity also had scoliosis.

In 2008, I contacted Professor Vera Stejskal, Associate Professor of Immunology, University of Stockholm, Sweden and inventor of the MELISA test, to ask if we could conduct a research study to see if mercury may be implicated in the development of scoliosis. She very kindly offered to put a questionnaire on my website. This was pioneering research, and it was not yet endorsed by the medical profession. I conducted my research over a 10-year period, the results of which, are in my presentation. See the link to it below.

In 2018, Dr Shideh Pouria, consultant Nephrologist, asked me to present in London at a conference called '*Systemic Effects of Metal Exposure in Clinical Practice: Protecting Patients and Optimising Outcomes*'.

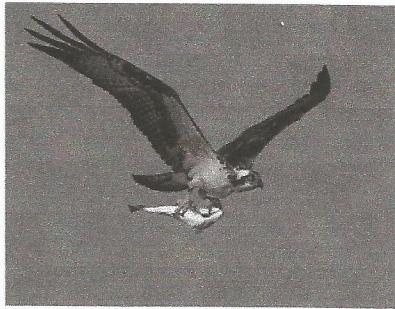
My presentation there was *Scoliosis, Spinal Surgery and Metal Allergy* and it reviewed my research study on the link between mercury and scoliosis. Here is a link to the presentation:

<https://www.youtube.com/@UnderstandingScoliosis>

See also her web site MercuryMadness.org

Why don't more enviros fight the mercury in our teeth? By Leo Cashman

Environmental activists and environmental groups are up in arms about mercury in the environment and the eventual effects it has on human health. They are sincere. They are hardworking, and they are right. Mercury in the environment works its way into the food chain, bioaccumulating as it goes from algae to small fish to larger fish and finally, into the humans and other animals at the top of the food chain, who eat those fish. The mercury in the fish is methyl mercury and it is truly a concern, a reproductive toxin, a carcinogen, a hormone disruptor and more.



cury, written by Janelle St Pierre, Sarah O'Brien and Michael Murray, PhD. In its Chapter 1, it describes how mercury gets into the environment, with the main

source being industrial emissions, as from inorganic mercury. From there, inorganic mercury from coal burning power plants gets into bacteria, then phytoplankton, then zooplankton, then into forage fish, then into predator fish and then, finally, into humans and fish-eating wildlife like bear and eagles. This is all well and good, but there is no mention of dental mercury as a major source of mercury into the environment and as a direct source of mercury into the bodies of the millions of people who are getting dental amalgam mercury fillings. There is also no mention of mercury in flu shots or other vaccines, being directly injected into the human bodies of millions of people annually.

But, somehow, many environmentalists have learned to be dismissive of dental mercury as a source of human mercury exposure. They have learned to think of dental mercury as a minor contributor to mercury body burden. They also brush off mercury as thimerosal, a very toxic mercury compound that decomposes into ethyl mercury once a vaccine, such as a flu shot, has been injected into a person's body. Some years ago, when I tried to connect with other non-profits in a coalition called Mercury Free Minnesota, at their monthly meetings, it was subtle but I was treated like I was an ignoramus and was shunned. I started asking myself: From where are they getting their information about mercury? Who is mis-educating them about mercury and the significant sources of mercury?

I found the answer: The National Wildlife Federation (NWF). I laid my hands on a 2002 publication of NWF called Getting Serious About Mer-

cury in dentistry and to ban mercury in vaccines and other personal care products. But, if NWF has its way, nobody will even think about it, and nobody will take measures to avoid these personal mercury pitfalls.

And isn't it funny how well funded NWF is and by whom? In 2017, it received \$1.1 million in government grants. ... a reward for its mercury cover-up? It also received some nifty corporate funding from the Alcoa Foundation (aluminum is a toxin in the environment, too, and in vaccines, and it has a synergy with mercury), Bank of America, General Motors, Gates Family Foundation, and the Robert Wood Johnson Foundation (Johnson & Johnson, big pharma) among others. In the 1998 Pocket Guide to Environmental Bad Guys by James Ridgeway and Jeffrey St Clair, the NWF is described as "the largest environmental group on the planet with four million members" and that it had "opened its board of directors to corporate chieftains, including Dean Buntrock of Waste Management and big oil companies including Arco, Chevron and Mobil." The pocket book describes how most of the other big, rich environmental groups have highly paid fat-cat executives and board members who are compromised by corporate conflicts of interest. They, too, will use their PR savvy to mislead their activists and supporters on the dental mercury and vaccine mercury issues.

You can look at its web site today, at NWF.org and see that it is just as dismissive today about mercury in dentistry and in medicine as sources of mercury worth knowing about. In its work to protect "wildlife and people" from mercury and other toxins, NWF appears to me to be part of the dental mercury cover-up and the vaccine mercury cover-up and it makes me wonder if the funding of NWF and its very creation was made as part of the great mercury cover-ups; it certainly has misled a lot of honest environmentalists about the mercury issue and what should be done as a matter of public policy. The low-hanging fruit, in terms of public policy, friends, is to ban mer-

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